# PROFESSIONAL OBJECTIVE

To secure a position in physical education utilizing both an educational background and prior work experience

# EDUCATION

**Bachelor of Science in Education** Anticipated December 2011

State University of New York at Cortland, Cortland, NY

Major: Physical Education

# TEACHING EXPERIENCE

|  |  |  |
| --- | --- | --- |
| **Field Experience: Physical Education**Cortland Homer Afterschool Mentoring Program, Cortland, NY* Led activities for children in grades 1 through 6
* Obtained knowledge of classroom management, student discipline, and planning
* Taught importance of nutrition

Virgil Elementary School, Cortland, NY* Observed and assisted with fifth grade physical education
* Assessed soccer skills
* Led warm-ups as well as half-class lessons involving dribbling skills
 |  |  Spring 2010 |
| **Field Experience: Adapted Physical Education**JM Murray Center, Cortland, NY* Observed and assisted Tai Chi exercises for adults with autism

YMCA, Cortland, NY* Organized and led activities for a woman with Down’s Syndrome

Challenger’s Program at SUNY Cortland* Assessed adolescents in locomotor skills as well as object control skills
* Developed two Individualized Education Plans for a 14 and 18-year-old
 |  | Spring 2009-Fall 2010 |

# RELATED EXPERIENCE

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| --- | --- | --- |
| **Private Aquatics Instructor**New Windsor, NY, Monroe, NY* Individually taught aquatics and water safety to children ages 4-6
 |  | June 2008-August 2010 |
| **Aquatics Instructor**Sportsplex Summer Camp, New Windsor, NY* Taught aquatics and water safety to groups of children ages 3-9
 |  | June 2007-August 2010 |
| **Director of Wheelchair Sports, Cortland, NY*** Oversee the wheelchair activities program
* Provide mentorship and leadership to all who attend the program
* Organize different sports activities including basketball, softball and handball
* Lead and mentor four SUNY Cortland students for the duration of this program
 |  |  February 2011- May 2011 |

# CERTIFICATIONS

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| --- | --- | --- |
| * New York Professional Coaching Certification
 |  | Anticipated Fall 2011 |
| * American Red Cross CPR
 |  | Valid through August 2011 |
| * American Red Cross AED
 |  | Valid through August 2011 |
| * American Red Cross Lifeguard Certification
 |  | Valid through August 2012 |
| * CAR Workshop
 |  |  |
| * SAVE Workshop
 |  |  |
| * Water Safety Instructor
 |  | Anticipated Fall 2011 |

# EXTRA-CURRICULAR ACTIVITIES

|  |  |  |
| --- | --- | --- |
| * All- School Intramural Softball
 |  | Fall 2007-2009 |
| * All-School Intramural Indoor Soccer
 |  | Winter 2007-2009 |
| * All-School Intramural Broomball
 |  | Winter 2009-2011 |